

CIEL SPA

BE FIT

\$460

50 Minutes SPORTS MASSAGE
50 Minutes PERSONAL TRAINING SESSION

1 HEALTHY BREAKFAST Voucher

For your athletic needs this package includes everything you need to stay in shape while on your vacation.

First sweat it out with one of our professional trainers in an intense cardio session.

After, head up to the spa, and enjoy a 50 minutes deep tissue massage with hot stones, and stretching. Then lounge in the steam rooms which are perfect for tired muscles.

You will also receive 1 Healthy breakfast voucher to use until 11am. Includes healthy egg whites & spinach, roasted potatoes, wheat toast, turkey bacon, bowl of fruit, and juice of the day.

This breakfast will be just what you need to gain energy & strength.

BE WELL

\$414

50 Minutes AROMATHERAPY MASSAGE
50 Minutes PRIVATE YOGA SESSION

1 SMOOTHIE Voucher

Enjoy the ultimate relaxing vacation package!

Let us help you completely de-stress.

Clear your mind and strengthen your body with one of our professional trainers in a tranquil yoga session.

After, head up to the spa, and enjoy a 50 minutes 7 Layer Aromatherapy massage, pure bliss from scalp to toe.

Then relax in the eucalyptus steam rooms.

You will also receive 1 smoothie voucher to use until 11am. You will feel completely renewed after this wellness experience.

TO RESERVE CALL CIEL SPA 305 674 6100



DELANO
SOUTH BEACH

FITNESS PACKAGE

WELLNESS RETREAT